



3

**Simple Tips
to Train Your Dog
to be Awesome**

Prapatchon Schmidt

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Example

ISBN NUMBER 978-616-321-122-4

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Foreword

“*Man’s Best Friend.*” This is the moniker humans have given to dogs. Dogs are wonderful creatures and there are so many good reasons why you should own a dog. They have performed many different roles for humans over the ages including protection, hunting and herding. However, in modern times dogs perform many additional roles such as police, fire and rescue officers, or acting as service dogs for disabled individuals. Regardless of the reason one decides to own or take care of a dog, perhaps the most important role a dog can play is in providing companionship to *its* “best friend.” Besides being a loving (and loveable) furry friend, research indicates that dogs are good for our physical health and mental well-being. People who own dogs tend to have lower blood pressure and lower levels of stress hormones in their blood which helps us live longer lives. They don’t speak our language or argue with us, yet they seem to know and be aware of everything that’s going on around them. Dogs are very sensitive and acute at understanding human emotions. Further, I’ve learned a few important things from dogs and there is nothing quite like doggy love. The love that they give to us is *unconditional love*. And hopefully you will feel this

unconditional love every time you spend time with your wonderful pooch.

As wonderful as they are however, owning a dog is also a tremendous responsibility. When you make your ultimate decision that you would like to invite a dog into your family you are making a commitment to another living being with a heart and soul that will rely on you for their every need. So make sure that you will be able to meet your dog's every physical, mental, and emotional needs for his or her entire life. Therefore, do yourself and a dog favor, if you are **NOT READY**, don't buy or adopt a dog, until you are sure that you could meet the obligations for time, energy, and money. If so, then you can do it!!! I know a lot of people who like puppies because when they are young, they are so cute and adorable. However, as time passes they grow older and the owner or caretaker lose interest in them. Some owners just abandon their dogs because they feel like they don't want to take any responsibility anymore. Please, if you are contemplating getting a dog or have dogs already; don't do that to them. I would like you to just think for a few seconds and reverse the role between you and your dog. How would you feel if someone did that to you?

There are many people who own dogs and face problems with their dog's behavior. I look at how much money people spend on their dogs putting them into the obedience classes. However, from my personal experience with my own dog, I have never put my dog into obedience school, yet our dog still turned out to be a polite and obedient pooch. That's why I would like to share my simple, yet powerful tips in training your dog by yourself without spending lots of money. I want to share with you 3 simple tips that will make your dog well- behaved, healthy and happy.

I am not a professional dog trainer, but I AM an enthusiastic **DOG LOVER**. My goal in writing this book is to share my experiences of owning a dog and how you can use my simple yet powerful tips to ensure you and your pooch can foster a meaningful relationship based on unconditional love, trust and understanding. It is my hope that by providing these powerful foundations to your relationship, that you and your dog will have a happy and fulfilling future together!

I remembered the first day when I met “Zeek” our dog which was about 9 years ago. I have to admit to you that I have never had a dog as a pet before in my life, my

family used to have cats and fishes in the aquarium; so I was not acquainted with a dog at all. And on one day, when I went to see my husband (back at that time is my boyfriend), he introduced me to Zeek and told me about her story of how he got her; to make a long story short, he adopted her from his colleague; who had rescued Zeek from being stoned by the guard of the International School in Bangkok where my husband used to work with; Zeek was stuck in the fence at that time and the guard just throwing the stone onto her for some fun, which was so brutal (in my opinion though) because Zeek was a puppy of a stray dog and she has been abandoned by her mom because she was not a healthy puppy. However, after my husband ex-colleague rescued Zeek, she realized that she couldn't adopt her because of the condominium regulation and that's why she gave this poor puppy to my husband and he got Zeek with a little bit of confusion but still took her anyway; he told me that in his mind he just want to take care of this puppy for few months until she feels healthy enough and then he will find the foster parent for her; because back in that time, he was planning to buy a "Jack Russell terrier puppy" (white dog) from oversea, so for Zeek as the stray BLACK dog, it's totally opposite than what he expected to have. For Zeek's story that happened to us; it's just like the "*destiny*" that God gave her to us without we prepared

about her first; but as time passed by until now she is at her senior age, we've been together over nine years and she is still doing great in terms of her health and behavior and one word only ***WE LOVE HER SO MUCH.***

At first, I have to admit that I'm not really involved much in training or spending time with her because I was not familiar with her; most of her puppy age, my husband would be the one who trained her though because he used to have dogs before and he loves them; so for my husband and Zeek, they were bonding since at the very early age (I think that for the age of Zeek when we adopted her, she would be probably around two months old). As for me, I've been forming the fully "bond" with Zeek in the last one year; while I'm not working and having time to spend with Zeek more and doing a proper housewife job. So, I've noticed that the more I spend time with her, the more we understand each other and having a great time together every day when we go out to the park; she taught me a lot about love and dogs and which also affected my thought about my feeling that I have toward all kinds of dogs **NO MATTER** *what breeds are they*, I love them all, and wanted to help them all which leading me to raise fund for the charity that taking care of these abused dogs. In my opinion; I would like to let you know that for all the stray

and street dogs, they are super intelligent because they have to survive out there, so they have lots of skills and know what's going on. Therefore, sharing my tips with you, it based on my observation toward our dog specifically and if I can do it, YOU CAN DO IT TOO! Believe ME!!!

In “**3 Simple Tips to Train Your Dog to be Awesome**” you will learn about the tips which actually you don't have to spend lots of money to put your dogs into obedience classes to make them to become awesome; however it just requires some simple yet powerful energy from you that's all; which in this case I mean “*love, praise, and spending time together*”. Learning the tips from “**3 Simple Tips to Train Your Dog to be Awesome**”, you can save lots of money and have a fun time with pooch.

I decided to share my experiences in *how to* train your dog to become awesome because I feel that **everyone CAN DO IT ourselves**, we don't need to spend lots of money to put our dogs into obedience classes which the dogs may not want it, in fact they actually want to spend time with you and that's all they care. However, we do have to remember that even though we love our dogs so much but the dogs are always the dogs; therefore, *don't try to change them to become human like*; as for my opinion, for

them to become awesome is that they can adapt into our society and at the same time they still have their own instincts. Again for all the information in this e-book is based on my experience and opinion and is shared on the understanding that you take complete responsibility. For the outcomes of any animal training activities are unstable and are not guaranteed in any shape or form. For the best results consult an experienced dog trainer to supervise any training program, and an experienced veterinarian for any health related matters to your lovely pooch.

Thanks to you as my reader, thanks so much for supporting my e-book. I am sure that the money you had spent on buying this e-book will be worthwhile for you and you will learn something that actually can apply. May God bless you and your furry friends to have good times together ever!!!

Prapatchon Schmidt

October 2011

Chapter 1: Welcome Your New Pooch Home

I recalled that my husband got Zeek from his colleague when she was about two months old and I remembered that in the first few days; my husband gave milk that he put it in the bottle and feed to Zeek and he told me that probably Zeek might blind too because we saw her blinked her eyes all the time, and back on that time we were a bit sad but anyway, my husband said, “Well, we already adopted her, so we would do our best to take care of this creature, even if she blinds, we’re not going to abandon her” and thanks to God that we were wrong about our suspicious because Zeek was not blind, but it might be back on that time, she was not familiar with the new environment; so once when she started to adapt to it; then she stop blinking her eyes, and we think that her eyesight are really good too. (Because until now, she’s at her senior age, when I take her out to the park and if she sees the birds from far away, she will always chase them, of course when I let her off-leash)

Now back to her puppy age first; after we decided to adopt Zeek; it’s the time to welcome her to the new home and let her to make the adjustment for the new environment. These are the things that we’ve to prepare for Zeek to make sure that she would be ok to stay with us.

1. Pooch's Own Place

Your dog needs to have his/her own place and for this case I would like to refer it as “confinement area”; you need to set up this area for your dog to stay when you can't provide your supervision on her 100%, such as you may be out, or busy doing other things around the house. The ideal area should be easily for cleaning and to close off with a door or a baby gate. It should be mostly free of anything that you could think of that the dog can chew (you know that the dog loves to chew everything, right?). Some best suggestion for the ideal confinement area is the laundry room, empty spare room, kitchen, small indoor or outdoor area, or for our case, we chose the porch to be her own place. Then after you made your decision already about where would be your dog own place; then you have to furnish the area with a bed or blanket or something that is soft for your dog to sleep on it; place a water bowl along with few toys, which may include chew toy or bone. However, you have to keep in mind that only in the confinement area where you dog could have her favorite toy. When I chose to use the word “confinement” may be you would think that it has a negative meaning, ***NO it's not***; I meant it in a positive meaning. The confinement area is a place where your dog can claim it as her own territory

which makes the transition to her new home; this is the place where she gets all good things such as toy and meals; and later on it would set her up for success in the process of housetraining and her alone time training. Most of the time, after the dog enters into the house, people would give a new dog complete freedom right away; and once when she happened to chew the wrong thing or had an accident; then we confine her; then it makes confinement to become punishment, **DON'T DO THAT!!!**. You better give her a safe, confined place, which will help her to develop her successful transition gradually to her new house. *Remember, if you start out by giving your dog to run around the house, then you're setting her up for FAILURE!!!*

2. Pooch's Supplies

These are all the supplies that you need to prepare for your new pooch. Crate or baby gates, dog food, water bowl, food bowl, treats for training (cookie or Jerky), bed (blanket, towels, or dog bed), toys (chew toys, chew bones).

3. Pooch's Food & Water

Make sure that you feed your dog with proper dry food that comes with proper nutrition according to your

dog's breed, age, and size; because it will have the effect for your dog's life later on. Don't feed your puppy with adult dog food. Follow the instruction on the dog food's package and if you want to mix the dry food with some lean meat also can but just put it a little bit, make sure that the dry food always have more portion than the other food that you just put it in. Water is also essential as well; it keeps your dog's body to function well. Always keep an eye on how much water your dog is drinking and make sure that she has an access to clean fresh water all the time. Your dog's water bowl should be clean and change the water often.

4. Pooch's Alone Time Training

Once when your dog arrived home, *it is extremely important that you must get your dog used to short absences starting within the first few hours after her arrival*; I know that as much as you would love to spend every second with your pooch when she first arrived home, however, it is a smart thing that you should prepare her right away from day one for a normal routine. She must learn to be calm and relax when she's alone. This alone time training is necessary because dogs are highly social animals and being alone by herself doesn't come naturally to them. Try to leave your dog alone in her own place while you spend time

in another part of the house or you go out; starting from the very short period of time though may be from 20 seconds to 30 minutes and keep repeating them throughout the day. Observe your dog's behavior; if she seems to be fine with that then you can increase the amount of time a bit longer to leave her alone. Remember, it may take several days or weeks for your dog to make the transition to her new home!!!

5. Pooch's Bedtime

Now is the time that your pooch has to sleep alone in her own place, you may want to put a chew toy in her sleeping area to help her getting settling for bed soon. At first, she may have trouble settling, but eventually she would relax and go to sleep. Anyway, please keep in mind that it's important that you do not let her out of her own place if she's barking, whining, or crying; because if she gets attention for doing this, it would give her a wrong interpretation that she could do this all the time in order to get your attention and she will keep it up for a very long periods of time, which is BAD HABIT!!!

Note: